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# Quantum cascade laser spectroscopy in biomedical and forensic science

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Laser Spectroscopy and Sensing



# **ETH Zürich**



## Campus Hönggerberg

## Main building (downtown)



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# Outline

- Introduction: mid-IR laser spectroscopic sensing
- Breath analysis: D/H isotope ratio measurement
- Surgical smoke analysis
- Non-invasive glucose sensing: QCL and PAS
- Cocaine detection in saliva: FTIR and QCL
- Conclusions and outlook



### (Broadly) tunable narrow-band mid-IR lasers

| Laser                            | Wavelength<br>[μm] | Tuning<br>Characteristics  | Power             | Operation                               |
|----------------------------------|--------------------|----------------------------|-------------------|---|
| CO <sub>2</sub>                  | 9 – 11             | Only line<br>tunable       | Watts             | peration                                |
| Sb-based<br>interband<br>cascade | 2 – 5.3            | Few nm                     | 0 mW              | RT operation                            |
| QCL                              | 4 – 12, THz        | cr per device              | mW to W           | LN <sub>2</sub> /TE cooling,<br>also RT |
| DFG/OPO <sup>a</sup>             | <u>8</u> - 1900    | ~ μm for<br>specific setup | μW to mW<br>Watts | RT operation                            |

QCL: quantum cascade laser, RT: room temperature, LN<sub>2</sub>: liquid nitrogen cooling, TE: thermoelectric cooling <sup>a</sup> DFG: difference frequency generation / OPO: optical parametric oscillator

Examples: PPLN (periodically poled lithium niobate, eventually with waveguide), AgGaSe<sub>2</sub>, LiInS<sub>2</sub>, LiInSe<sub>2</sub>, etc.





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## Absorption measurement: Detection schemes

#### Photoacoustic





$$S(\lambda) = C P(\lambda) N_{tot} c_{gas} \sigma(\lambda)$$



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## Human breath analysis



| Concentration range | Molecule  |  |  |
|---------------------|---|--|--|
| % range             | N <sub>2</sub> , O <sub>2</sub> , H <sub>2</sub> O, CO <sub>2</sub> |  |  |
| ppm range           | CO, CH <sub>4</sub> , NH <sub>3,</sub> acetone                      |  |  |
| ppb range           | NO, VOC's,  |  |  |

| Application type         | Examples   |
|--------------------------|--|
| Traditional monitoring   | capnography  |
| <b>Biomarker tracing</b> | NO (asthma),<br>acetone (diabetes)                           |
| Stable isotope tracing   | <sup>15</sup> N, <sup>13</sup> C (H. pylori), <sup>2</sup> H |

Deuterated tracers can be used to determine:

- Total body water
- Energy expenditure
- Glucose synthesis rates
- Cholesterol synthesis rates



## Deuterated water ( $D_2O$ ) as non-radioactive tracer

### How to measure ?

- Ingested D₂O mixes with water (H₂O) in the body
  → HDO
- HDO measurement in urine or saliva samples

### **Our approach:**

Measure HDO directly in **breath** sample with laser spectroscopy





### **DFG** spectrometer



Broadly tunable, Mode-hop free, Room temperature

- ECDL, 1520-1600nm 5 mW CW
- 2 Wavemeter for ECDL
- 9 Nd:YAG, 1064.5 nm, 5 kHz, 6 ns, 300 mW av
- **14** PPLN, 5 cm, 8 periods
- **23** Heatable multipass cell up to 35 m
- **21/25** Detectors (VIGO)

**Idler**: 150 μW av. 2817 - 2920 cm<sup>-1</sup> (29.5 μm) 2900 - 3144 cm<sup>-1</sup> (29.9 μm) Step size 0.002 cm<sup>-1</sup>

Minimum detectable absorption coefficient: 5×10<sup>-7</sup> cm<sup>-1</sup> Hz<sup>-1/2</sup> (few ppm for many compounds of interest)

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### "Timetable" – Tuning of DFG spectrometer



M. Gianella et al.: *Appl. Opt.* **50** (2011)

About 4 cm<sup>-1</sup> /min with a resolution < 0.02 cm<sup>-1</sup> (600 MHz) Fully automatic scan over 250 cm<sup>-1</sup> in 1 hour, no manual adjustments

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### **Cell specifications**

- max temp. 723 K
- 2.0 liters volume, variable pathlength from 9 to 35 m

### **Time-dependent measurements after heavy water intake**



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## Surgical smoke: in vivo studies

Smoke produced during minimal-invasive surgery with electro-knives or lasers. Smoke samples are taken at the hospital, collected in Tedlar bags, followed by laser and FTIR spectroscopic analysis in our lab



M. Gianella et al.: *Appl Phys. B* **109**, 485 (2012) M. Gianella et al.: *Innov. Surgery* (in print)

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### Absorption ranges of species found in surgical smoke

Toluene Ethylbenzene Pyrrole Ethenylbenzene Benzene Benzaldehyde 3-Methylbutanal Benzonitrile Phenylethyne 1-Undecene 2-Propenenitrile Pyridine 1-Decene 2-Methylbutyraldehyde 4-Methylphenol Carbon monoxide Furfural Phenol Indane Ethene 4000 [cm<sup>-1</sup>]

strong Absorption weak 500 3500 1000 1500 2000 3000 2500 Laser Spectroscopy and Sensing ETH Zurich



Spectral analysis of surgical smoke

Measured spectrum with DFG spectrometer

Principal Component Analysis (PCA) with improved Mix-Match Algorithm and PNNL database

M. Gianella et al.: *Appl. Spectr.* **63**, 338 (2009)

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### Spectrum of sevoflurane vapor (anesthetic)

not contained in PNNL database, recorded with **DFG spectrometer** (250 ppm, p=950 mbar, T = 25  $^{\circ}$ C)



# Analysis of surgical smoke

Spectrum of **surgical smoke** collected during **laparoscopic surgery** (a)

Spectra of its components (b) — (d)

Residual spectrum (e)



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### **Detection limits (c<sub>min</sub>) and recommended exposure limits (REL)**

| Substance       | c <sub>min</sub><br>ppm |       | Substance      | C <sub>min</sub><br>ppm | REL | Substance                  | c <sub>min</sub><br>ppm |      |
|-----------------|-------------------------|-------|----------------|-------------------------|-----|----------------------------|-------------------------|------|
| (Cyclo) alkanes | -enes                   | -vnes | Nitriles       |                         |     | Inorganics                 |                         |      |
| methane         | 1.0                     | 10000 | acetonitrile   | 30                      | 20  | hydrogen chloride          | 0.02                    |      |
| othano          | 1.0                     | 10000 | aceulopitrilo  | 150                     | 20  | nitrogen diovido           | 11                      | 2    |
| propago         | 1.0                     | 10000 | aci yionitine  | 130                     | 2   | water                      | 450                     | 5    |
| proparie        | 1.0                     | 1000  |                |                         |     | water<br>budrogen flueride | 450                     | 1    |
| butane          | 2.2                     | 800   |                | -                       |     | nyarogen nuoriae           | 0.0001                  | -    |
| pentane         | 2.1                     | 600   | (Cyclo) alcono | IS                      |     |                            |                         |      |
| hexane          | 2.0                     | 50    | methanol       | 7.8                     | 200 | Aromatic compo             | unds                    |      |
| octane          | 1.4                     | 300   | ethanol        | 6.9                     | 500 | benzene                    | 8.7                     | 0.5  |
| nonane          | 1.1                     | 200   | propanol       | 4.5                     | 200 | m-xylene                   | 7.7                     | 100  |
| decane          | 0.9                     | —     | isopropanol    | 3.0                     | 200 | o-xylene                   | 7.6                     | 100  |
| undecane        | 0.8                     | —     | cyclohexanol   | 1.2                     | 50  | p-xylene                   | 6.5                     | 100  |
| ethylene        | 5.0                     | 10000 |                |                         |     | styrene                    | 11                      | 20   |
| 1,3-butadiene   | 18                      | 5     |                |                         |     | toluene                    | 8.8                     | 50   |
| hexene          | 3.8                     | _     | Aldehydes      |                         |     | furan                      | 130                     | —    |
| cyclohexane     | 0.5                     | 200   | formaldehyde   | 0.78                    | 0.3 | pyridine                   | 12                      | 5    |
| cyclohexene     | 1.4                     | 300   | acetylaldehyde | 50                      | 50  |                            |                         |      |
|                 |                         |       | benzaldehyde   | 15                      | _   | Others                     |                         |      |
|                 |                         |       | acrolein       | 65                      | 0.1 | acetone                    | 14                      | 500  |
|                 |                         |       |                |                         |     | dichloromethane            | 67                      | 50   |
| Amines          |                         |       |                |                         |     | nicotine                   | 2.7                     | 0.07 |
| methylamine     | 10                      | 10    | Carboxylic aci | ds                      |     | sevoflurane                | 20                      | 2    |
| dimethylamine   | 6.4                     | 2     | formic acid    | 7.7                     | 5   | ammonia                    | 750                     | 20   |
| trimethylamine  | 3.8                     | 2     | acetic acid    | 32                      | 10  | carbon monoxide            |                         | 30   |

Many compounds can be detected below REL if present in surgical smoke

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## Chemical composition of *in vivo* samples

| Gaseous component  | Average concentrations       | <b>REL</b><br>Recommended<br>Exposure limit | Detection limit                     |
|--|------------------------------|---|-------------------------------------|
| Water vapor (H <sub>2</sub> O)   | 0.7%                         |   | 120 ppm                             |
| Methane (CH <sub>4</sub> )   | 2.3 ppm                      | 10'000 ppm                                  | 0.3 ppm                             |
| Ethane (C <sub>2</sub> H <sub>6</sub> )  | ≈ 1 ppm<br>(3 of 16 samples) | 10'000 ppm                                  | 0.3 ppm                             |
| Ethylene (C <sub>2</sub> H <sub>4</sub> )  | ≈ 8 ppm<br>(2 of 16 samples) | 10'000 ppm                                  | 2 ppm                               |
| Carbon monoxide (CO)   | 2 ppm                        | 30 ppm                                      | 0.25 ppm<br>(Diode laser 2.3<br>μm) |
| Sevoflurane (C <sub>4</sub> H <sub>3</sub> F <sub>7</sub> O)<br>(anesthetic gas) | 60 – 450 ppm                 | 2 ppm                                       | 5 ppm                               |

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# Diabetes as a human metabolic disease

- Patients need to measure the blood sugar level several times a day
- Glucose level of a healthy human: 65 120 mg/dl
- Common blood sugar measurements are invasive



• **Goal**: Development of a non-invasive glucose sensor based on mid-IR laser, photoacoustic detection and glucose monitoring in interstitial fluid through skin

# **Glucose sensing techniques**



## Interstitial fluid glucose sensing

MIR light: Strong glucose absorption, less interference than in NIR => Opt. penetration < 100 μm => blood vessels are not reached

**Epidermis:** => Glucose diffusion into epidermal interstitial fluid => Correlation with blood glucose

=> No glucose in the stratum corneum

# QCL and PA technique

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sensitive technique with potential for miniaturisation

|                      | Thickness<br>[mm] | Skin layer          | Water<br>[%] | Glucose                      |
|----------------------|-------------------|---------------------|--------------|------------------------------|
| Diffusion of glucose | 0.01 - 0.02       | Stratum corneum     | ≈ 10         | no                           |
|                      | 0.1 – 0.3         | Epidermis           | ≈ 60         | Interstitial fluid           |
| Blood vessels        | 1 – 2             | Dermis              | ≈ 60         | Blood<br>/interstitial fluid |
|                      | 2-4               | Subcutaneous tissue | ≈ 60         | Interstitial fluid           |
|                      |                   |                     |              |                              |

### Photoacoustic detection: Indirect PA signal generation



#### Gas piston model

*I* Intensity modulated with frequency *f*  $\mu_{s} = \left(\frac{D_{s}}{\pi f}\right)^{\frac{1}{2}} \text{ with } D_{s} = \text{ thermal diffusivity}$   $\mu_{a} = \frac{1}{\alpha} \text{ with } \alpha = \text{ absorption coefficient}$  *F* depends on cell and coupling gas parameters

| Case      | Length ratio              | Characteristics         | Approx. PA signal amplitude                          |
|-----------|---------------------------|-------------------------|--|
|           |                           | o , 14 - 41             | 2011 - 15 - 17 - 21 - 51 <b>1</b> 1                  |
| 1.        | $\mu_s > \mu_a \gg l$     | Opt. and therm. thin    | $(1-i)\alpha l(\mu_b/k_b)P$                          |
| 2.<br>a   | $\mu_a > \mu_s > l$       | Opt. and therm. thin    | $(1-i)\alpha l(\mu_b/k_b)P$                          |
| а.<br>А   | $\mu_a \gg \iota > \mu_s$ | Opt. thin, therm. thick | $-i \alpha \mu_s (\mu_s / \kappa_s) F$               |
| 94.<br>5  | $\mu_s \gg i \gg \mu_a$   | Opt. and therm. thick   | $(1 - i)(\mu_{L}/\kappa_{L})^{\mu}$                  |
| - 0-<br>6 | $l \gg \mu_s > \mu_a$     | Opt and therm thick     | -igu (u./k.)F  |
| 10.       | 1                         | Sept. and the first the | a ta ja ga ja ga |

A. C. Tam, *Rev. Mod. Phys.* **58**, 381 (1986)

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### Photoacoustic detection in skin







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# Glucose detection in aqueous solutions and gels



- Detection limit: 30 mg/dL for a SNR=1
- From FTIR spectrum: Glucose absorption peaks at 1034 and 1080 cm<sup>-1</sup>

J. Kottmann et al., Rev. Sci. Instrum., 82, 084903 (2011)

## Aqueous glucose solution: Mutorotation



Time dependent spectral changes of α-D-glucose powder dissolved in water due to Mutorotation Equilibrium in water

EC-QCL tuned in 0.9 cm<sup>-1</sup> steps with external grating

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The epidermal glucose concentration is altered through passive diffusion

Diffusion out of the glucose solution

Diffusion out of the blood vessels

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# Diffusion process of glucose into epidermal skin



## In vitro glucose detection in epidermal skin sample



- Detection limit < 100 mg/dL for SNR = 1 (physiological range of 65-120 mg/dL)
- Linear dependence from 0 10 g/dl

## In vivo measurements at the forearm





Corrected for RH & T variations, sensitive to arm movements

Qualitative correlation between invasive and non-invasive glucose measurement Not always clear correlation between the invasive and noninvasive measurement

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## Detecting cocaine in drugged drivers today



### **Problems**

- relative high false positive/negative outcome (Wille et al. For. Sci. Int. 2010)
- No quantitative result on the street (no risk assessment)
- Second expensive analysis necessary

### Optical detection method for cocaine and metabolites in body fluid

Attenuated Total Reflection (ATR) Spectroscopy





- Cocaine is metabolized in the body
- Cocaine and metabolites are in saliva
- Some metabolites are more toxic and longer active than cocaine itself
- Ratio between cocaine and metabolites varies => necessity to measure cocaine and metabolites for quantitative results

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### FTIR-ATR cocaine spectra, role of interfering compounds



#### • Cocaine absorption peaks: 1720 and 1750 cm<sup>-1</sup>, around 1280 cm<sup>-1</sup>

- Lactose and Mannitol: 1200 to 1000 cm<sup>-1</sup> ; Natron around 1350 cm<sup>-1</sup>
- Caffeine between 1710 and 1200 cm<sup>-1</sup>, 1<sup>st</sup> caffeine peak interferes with 2<sup>nd</sup> cocaine peak

Hans et al.: Drug Testing & Analysis 4, 420429 (2012)

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## Taking of samples

Saliva yields high background signal  $\implies$  Extraction into less absorbing solvent: tetrachloroethylene (TCE)



### **One-step extraction improvement of SNR**





### **Calculated vs initial COC concentration in saliva**



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### **QCL** transmission measurements of reference samples



# Conclusions

- DFG for isotope ratio determination in breath Enhanced D/H ratio after ingestion of 5 ml D<sub>2</sub>O (for weeks)
- DFG for analysis of surgical smoke

quantitative *in vivo* studies, identification of several gases incl. anesthetic sevoflurane) at ppm level

- QCL and PAS for non-invasive glucose measurements in vitro: time-resolved diffusion of glucose in skin samples in vivo: promising results, stability, sensitivity ??
- FTIR-ATR and QCL detection of cocaine in saliva Extraction, μg/ml sensitivity with compact system Stability, sensitivity ??

# Outlook

- New laser developments ICLs, Pb salt VECSELs Frequency combs
- Detection schemes

Integrated devices Combination with microfluidics



Quantitative analysis for cocaine on a microfluidic chip

New application areas

Field & POC measurements, lab-on-a-chip



 $\lambda$ =3.4 µm, Tuning range: >70 cm<sup>-1</sup> Pulse power: 10 mW<sub>p</sub>, Duty cycle: 0.5% Collaboration: phocone, **Funding: KTI** 

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Michele Gianella





Sponsoring



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# Thank you for your attention

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# Assignment of the vibrational absorption bands

**Table 6.1** – Assignment of the vibrational absorption bands of the measured FTIR transmission and ATR spectra of the investigated samples (i.e., keratinocyte solution Fig. 6.10, epidermal skin sample Fig. 6.12 and *in vivo* Fig. 6.17). The assignment is based on the references [138, 151, 192]. Used abbreviations: v = very, s = strong, m = medium, w = weak, sh = shoulder, br = broad,  $\delta = deformation \rho = wagging$ , v = stretch and ? = uncertain.

| Frequency [cm <sup>-1</sup> ] | Assignment                                     | Keratinocyte solution | Epidermal sample | $In \ vivo$ |
|-------------------------------|--|-----------------------|------------------|-------------|
|                               |  |                       |                  |             |
| 970                           | unknown  | -                     | w                | -           |
| 1035                          | v(CC) skeletal cis conformation                | -                     | sh               | VW          |
| 1047                          | v(C-OP)  | sh,w                  | $^{\rm sh}$      | vw          |
| 1077                          | v(CC) skeletal trans conformation              | ?                     | ?                | W           |
| 1080                          | v(PO <sub>2</sub> <sup>-</sup> ) symmetric     | m                     | m                | W           |
| 1118                          | v(CC) skeletal trans conformation              | sh.                   | $^{\rm sh}$      | W           |
| 1170                          | ester v(C-O) asymmetric                        | -                     | w                | W           |
| 1240                          | v(PO <sub>2</sub> <sup>-</sup> ) asymmetric    | ms                    | ?                | ?           |
| 1245                          | v(CN) amide III                                | ?                     | m                | m           |
| 1298                          | $\delta(CH_2)$                                 | -                     | m                | W           |
| 1342                          | $\rho(CH_2)$                                   | -                     | VW               | W           |
| 1401                          | δ[C(CH <sub>3</sub> ) <sub>2</sub> ] symmetric | m                     | m                | m           |
| 1455                          | $\delta(CH_3)$ asymmetric                      | 7                     | m                | m           |
| 1545                          | $\delta(NH)$ and $v(CN)$ amide II              | vs                    | vs               | VS          |
| 1640                          | $\delta(H_2O)$ bending                         | VS                    | vs               | VS          |
| 1650                          | v(C=O) amide I                                 | VS                    | VS               | VS          |
| 1740                          | v(C=O) lipid                                   | -                     | w                | VW          |
| 2125                          | $\delta + v_L(H_2)$ combination                | -                     | m, br            | w, br       |
| 2851                          | v(CH <sub>2</sub> ) symmetric                  | w                     | m                | m           |
| 2873                          | v(CH <sub>3</sub> ) symmetric                  | w                     | w                | vw          |
| 2920                          | v(CH <sub>2</sub> ) asymmetric                 | m                     | m                | m           |
| 2957                          | v(CH <sub>3</sub> ) asymmetric                 | m                     | m                | w           |